

FREE six-hour training for Foster, Adopted, and Kinship families, and those who support them. We offer this training at no cost to Wayfinder Families.



At a glance:

The Nurtured Heart Approach[®] (NHA) is a relationship-focused methodology founded strategically in "The 3 Stands[™]" for helping children (and adults) build Inner Wealth[™] and use their intensity in successful ways. It has become a powerful way of awakening the inherent greatness in all children while facilitating parenting and classroom success. The essence of NHA is a set of core methodologies originally developed for working with the most difficult children. It has a proven impact on every child, including those who are challenged behaviorally, socially and academically.

Cancellation, Grievances, and Accommodations

If you are unable to attend, would like a copy of the Grievance Policies and Procedures or require special arrangements to participate in this training, please contact <u>NHAregistration@wayfinderfamily.org</u> or call Julie Tyson at 816-295-4459.

Please note Wayfinder needs at least 4 days prior to the training date to ensure accommodations requests can be filled.

About The Trainer:

Sasha McGowan is a Licensed Clinical Social Worker, who has worked supporting youth and families in crisis for 15 years. She specializes in adoption, foster care, youth advocacy, and training new clinicians and child welfare social workers entering the field. Sasha is a therapist serving adopted youth and their parents. She has completed Training for Adoption Competency therapy and is a Certified Nurtured Heart Approach[®] Trainer. Sasha is also an adoptive mom of five children, two of whom are now young adults in college.

2023 SCHEDULE

Where: Hosted virtually via Zoom Platform

When: Saturdays, 9:00 am-4:00pm July 15 October 14 December 9

Cost for others to attend: \$100 per person or \$150 per couple.

**A small transaction fee will be added for payments made online

For registration, additional questions, and a full list of course objectives, please email: <u>NHAregistration@wayfinderfamily.org</u> or call Julie Tyson at 816-295-4459



Wayfinder Family Services is approved by the California Association of Marriage and Family Therapists (CAMFT-Provider #66256) to sponsor continuing education for LCSW and LMFT. Wayfinder Family Services maintains responsibility for this program/course and its content. This course meets the qualifications for 6 hours of CEU's for LCSWs and LMFTs, as required by the California Board of Behavioral Sciences. CEU's will be provided by email. CEU's are free of cost.

Foundation www.childrenssuccessfoundation.org