

## **HOME TO STAY**

**Placer County** 



# Parenting Education & Counseling

#### AT A GLANCE

- The goal of Home to Stay is family stabilization
- Families receive up to 12 weeks of in-home parent coaching and counseling services.
- Combining parent coaching and counseling allows family members to:
  - identify what triggers challenging behaviors
  - o develop tools to manage crisis
  - integrate skills they have learned
  - o identify and utilize a self-care plan
  - o encourage the use of both informal and formal supports
  - o ensure they are referred to the right provider when services end

#### WAYFINDER'S EXPERTISE

- Our staff is highly-trained, compassionate and committed. Many of our staff members have been working in the field of foster care for decades, and some are foster parents themselves!
- Wayfinder also has over 65 years of experience providing care to children
  with disabilities, learning differences and medical conditions. Becoming a
  Wayfinder means you have access to our expertise and comprehensive
  resources.
- · Mental health staff and support system.





### What is Home to Stay?

Home to Stay provides short-term intensive parenting education and counseling to birth and kinship families whose children are at risk of out-of-home placement. Risk factors may be due to behavioral, emotional, or mental health issues of the children. It may also be due to the caregivers not having the skills to manage the children's behaviors or being at risk of not providing a safe home nviroment.

#### **Contact Information**

Wayfinder Roseville Office (530) 722-2233

How do I make a referral?

Please call the office or email us to complete a referral: hometostay@wayfinderfamily.org

This institution is an equal opportunity provider





